October Breakfast and Lunch Menu | 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Bagel w/ Cream Cheese	3 Breakfast Egg & Cheese Wrap	4 Breakfast Assorted Pastries / Yogurt	5 Breakfast Waffle	6 Breakfast Cereal & Yogurt
Lunch Beef – A – Roni Romain Salad w/ Tomatoes Roll	Lunch Chicken Caesar Salad Tomatoes Chips	Lunch Cheese Pizza Romaine Salad w/ Dressing Tomatoes	<i>Lunch</i> Mini Dog Baked Beans Green Beans <i>Early Dismissal 2pm</i>	Lunch Fish Sticks Sweet Potato Peas
9 Breakfast Bagel w/ Cream Cheese Lunch Chicken Nuggets Corn Spinach	10 Breakfast Oatmeal Lunch Tacos w/ Lettuce Black Beans Tomatoes	11 Breakfast Assorted Pastries / Yogurt Lunch Cheese Pizza Romaine Salad w/ Dressing Baby Carrots	12 Breakfast Oatmeal Lunch Hot Dog Baked Beans Green Beans Early Dismissal 2pm	No School
No School	17 Breakfast French Toast Sticks Lunch Hamburger Chips Carrots & Celery	18 Breakfast Assorted Pastries / Yogurt Lunch Cheese Pizza Romaine Salad w/ Dressing Grape Tomatoes	19 Breakfast Waffle Lunch Mini Corn Dog Baked Beans Green Beans Early Dismissal 2pm	20 Breakfast Cereal & Yogurt Lunch Mac & Cheese Broccoli Roll
23 Breakfast Bagel w/ Cream Cheese Lunch Baked Ziti Romaine Salad w/ Tomatoes Roll 30 Breakfast Bagel w/ Cream Cheese Lunch Chicken Sandwich Corn Spinach	24 Breakfast Oatmeal Lunch Tacos Lettuce Black Beans 31 Breakfast French Toast Sticks Lunch Chicken Caesar Salad Tomatoes Chips	25 Breakfast Assorted Pastries / Yogurt Lunch Cheese Pizza Salad w/ Dressing Tomatoes	26 Breakfast Pancakes Lunch Hot Dog Baked Beans Green Beans Early Dismissal 2pm Important Dates Oct 7 th – Pet Blessing @ Noon Oct 27 ^h – Fall Festival	27 Breakfast Cereal & Yogurt Bag Lunch Ham & Cheese Sandwich Carrot Sticks & Apple Chips Breakfast is 7am – 7:30am Breakfast and Lunch served daily with fruit and milk.